



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Carius-Harris, Colette

Club: Weinbergen

Number: 710

Course: 5.00 km

5 km-Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 31:23

Speed: 9.56 km/h

Running performance: 6:17 min/km

Rank in course/Total: 115 (of 137)

Rank in course/Women: 31 (of 41)

Best time in course: 20:00

Rank in category: 3(of 4)

Best time in the category: 24:49