



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Sagert, Vanessa

Club: MRG Team
Number: 586

Course: 5.00 km
5 km-Lauf

Category:
weibliche Jugend (16-19 Jahre)

Total time: 31:42

Speed: 9.46 km/h
Running performance: 6:20 min/km

Rank in course/Total: 117 (of 137)

Rank in course/Women: 32 (of 41)

Best time in course: 20:00

Rank in category: 3(of 4)

Best time in the category: 21:07