



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

Müller, Helmut

Club: Berlin  
Number: 502

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M75 (75-79 Jahre)

Total time: 34:04

Speed: 8.81 km/h  
Running performance: 6:49 min/km

Rank in course/Total: 126 (of 137)

Rank in course/Men: 91 (of 96)

Best time in course: 17:31

Rank in category: 1(of 1)

Best time in the category: 34:04