



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

Mrozinski, Michael

Club: HSG UNI Greifswald  
Number: 2144

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 37:46

Speed: 15.89 km/h  
Running performance: 3:47 min/km

Rank in course/Total: 6 (of 167)

Rank in course/Men: 6 (of 130)

Best time in course: 34:30

Rank in category: 1(of 26)

Best time in the category: 37:46