



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Hesse, Uwe

Club: Physio-K-Hesse
Number: 2201

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 38:41

Speed: 15.51 km/h
Running performance: 3:52 min/km

Rank in course/Total: 8 (of 167)

Rank in course/Men: 8 (of 130)

Best time in course: 34:30

Rank in category: 1(of 12)

Best time in the category: 38:41