



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

Kindervater, Lars

Club: FSV Schernberg  
Number: 2120

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 39:44

Speed: 15.10 km/h  
Running performance: 3:58 min/km

Rank in course/Total: 13 (of 167)

Rank in course/Men: 13 (of 130)

Best time in course: 34:30

Rank in category: 2(of 13)

Best time in the category: 38:33