



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Radusch, Hans-Uwe

Club: TUS Xanten, Triathlon
Number: 2159

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 42:04

Speed: 14.26 km/h
Running performance: 4:13 min/km

Rank in course/Total: 26 (of 167)

Rank in course/Men: 25 (of 130)

Best time in course: 34:30

Rank in category: 4(of 12)

Best time in the category: 38:41