



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

Hecht, Thomas

Club: Hechts and Friends  
Number: 2101

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 44:36

Speed: 13.45 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 33 (of 167)

Rank in course/Men: 32 (of 130)

Best time in course: 34:30

Rank in category: 5(of 26)

Best time in the category: 37:46