



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Fritschler, Heiko

Club: Eigenrode

Number: 2089

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 45:23

Speed: 13.22 km/h

Running performance: 4:32 min/km

Rank in course/Total: 40 (of 167)

Rank in course/Men: 39 (of 130)

Best time in course: 34:30

Rank in category: 7(of 26)

Best time in the category: 37:46