



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

Siegmund, Andreas

Club: 1. SGV MHL  
Number: 2265

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 45:31

Speed: 13.18 km/h  
Running performance: 4:33 min/km

Rank in course/Total: 41 (of 167)

Rank in course/Men: 40 (of 130)

Best time in course: 34:30

Rank in category: 8(of 26)

Best time in the category: 37:46