



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Bendel, Siegfried

Club: SG Chemie Zeitz
Number: 2204

Course: 10.00 km
Hauptlauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 48:10

Speed: 12.46 km/h
Running performance: 4:49 min/km

Rank in course/Total: 60 (of 167)

Rank in course/Men: 57 (of 130)

Best time in course: 34:30

Rank in category: 1(of 3)

Best time in the category: 48:10