



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Mock, Gerd

Club: SV 1921 Diedorf
Number: 2267

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 49:25

Speed: 12.14 km/h
Running performance: 4:56 min/km

Rank in course/Total: 71 (of 167)

Rank in course/Men: 68 (of 130)

Best time in course: 34:30

Rank in category: 11(of 26)

Best time in the category: 37:46