



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

Holzfuss, Hans-Magnus

Club: HSG UNI Greifswald  
Number: 2114

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 49:45

Speed: 12.06 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 74 (of 167)

Rank in course/Men: 71 (of 130)

Best time in course: 34:30

Rank in category: 7(of 13)

Best time in the category: 38:33