



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Trautmann, Heiko

Club: Tiger Balm Team

Number: 2234

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 49:46

Speed: 12.06 km/h

Running performance: 4:59 min/km

Rank in course/Total: 75 (of 167)

Rank in course/Men: 72 (of 130)

Best time in course: 34:30

Rank in category: 12(of 26)

Best time in the category: 37:46