



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Wald, Silke

Club: Pasewalker Judosportverein
Number: 2188

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 51:41

Speed: 11.61 km/h
Running performance: 5:10 min/km

Rank in course/Total: 92 (of 167)

Rank in course/Women: 8 (of 37)

Best time in course: 41:37

Rank in category: 3(of 7)

Best time in the category: 47:51