



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

Motz, Michael

Number: 2226

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 51:44

Speed: 11.60 km/h

Running performance: 5:10 min/km

Rank in course/Total: 94 (of 167)

Rank in course/Men: 85 (of 130)

Best time in course: 34:30

Rank in category: 17(of 26)

Best time in the category: 37:46