



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Stramka, Raik

Club: SV 1899 Mühlhausen
Number: 2180

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 51:56

Speed: 11.55 km/h
Running performance: 5:11 min/km

Rank in course/Total: 98 (of 167)

Rank in course/Men: 89 (of 130)

Best time in course: 34:30

Rank in category: 9(of 13)

Best time in the category: 38:33