



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Glawion, Sebastian

Club: TSV Stein
Number: 2224

Course: 10.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 53:00

Speed: 11.32 km/h
Running performance: 5:18 min/km

Rank in course/Total: 109 (of 167)

Rank in course/Men: 97 (of 130)

Best time in course: 34:30

Rank in category: 14(of 15)

Best time in the category: 34:30