



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Höfler, Dirk

Club: Mühlhausen
Number: 2197

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 53:21

Speed: 11.25 km/h
Running performance: 5:20 min/km

Rank in course/Total: 112 (of 167)

Rank in course/Men: 100 (of 130)

Best time in course: 34:30

Rank in category: 19(of 26)

Best time in the category: 37:46