



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Stender, Frank

Club: Reisebüro Ronnys Reisewelt
Number: 2178

Course: 10.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 53:48

Speed: 11.15 km/h
Running performance: 5:23 min/km

Rank in course/Total: 117 (of 167)

Rank in course/Men: 104 (of 130)

Best time in course: 34:30

Rank in category: 14(of 17)

Best time in the category: 36:22