



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Rudolph, Astrid

Club: Sv 1899 Mühlhausen
Number: 2195

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 55:43

Speed: 10.77 km/h
Running performance: 5:34 min/km

Rank in course/Total: 126 (of 167)

Rank in course/Women: 15 (of 37)

Best time in course: 41:37

Rank in category: 4(of 8)

Best time in the category: 50:42