



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

Schmidt, Helmer

Club: Bretten  
Number: 2168

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 55:56

Speed: 10.73 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 128 (of 167)

Rank in course/Men: 113 (of 130)

Best time in course: 34:30

Rank in category: 3(of 4)

Best time in the category: 43:31