



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

**Theml, Jörg**

Club: Brackenheim

Number: 2182

Course: 10.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 56:03

Speed: 10.70 km/h

Running performance: 5:36 min/km

Rank in course/Total: 130 (of 167)

Rank in course/Men: 114 (of 130)

Best time in course: 34:30

Rank in category: 11(of 13)

Best time in the category: 38:33