



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

Lorenz, Birgit

Club: Sporthotel Mühlhausen  
Number: 2139

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 56:15

Speed: 10.67 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 132 (of 167)

Rank in course/Women: 17 (of 37)

Best time in course: 41:37

Rank in category: 5(of 8)

Best time in the category: 50:42