



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Lambrecht, Hans-Dieter

Club: Mühlhausen
Number: 2252

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:00:06

Speed: 9.98 km/h
Running performance: 6:01 min/km

Rank in course/Total: 149 (of 167)

Rank in course/Men: 126 (of 130)

Best time in course: 34:30

Rank in category: 9(of 9)

Best time in the category: 47:10