



33. Königseer Stadtwaldlauf  
Königsee / 25.08.2013

Detailed evaluation

Kahl, Lilith

Club: SV Olympia Neustadt  
Number: 720

Course: 10.00 km  
10 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 54:30

Speed: 11.01 km/h  
Running performance: 5:27 min/km

Rank in course/Total: 85 (of 138)

Rank in course/Women: 15 (of 38)

Best time in course: 45:14

Rank in category: 3(of 5)

Best time in the category: 46:45