



33. Königseer Stadtwaldlauf
Königsee / 25.08.2013

Detailed evaluation

Rattmann, Ellen

Club: FSV 1950 Gotha ev.
Number: 754

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 54:58

Speed: 10.92 km/h
Running performance: 5:30 min/km

Rank in course/Total: 89 (of 138)

Rank in course/Women: 16 (of 38)

Best time in course: 45:14

Rank in category: 6(of 7)

Best time in the category: 45:14