



33. Königseer Stadtwaldlauf

Königsee / 25.08.2013

Detailed evaluation

Göring, Bärbel

Club: Weimar

Number: 709

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 55:17

Speed: 10.85 km/h

Running performance: 5:32 min/km

Rank in course/Total: 92 (of 138)

Rank in course/Women: 18 (of 38)

Best time in course: 45:14

Rank in category: 1(of 3)

Best time in the category: 55:17