



33. Königseer Stadtwaldlauf  
Königsee / 25.08.2013

Detailed evaluation

Wenige, Carola

Club: FSV 1950 Gotha e.V.  
Number: 775

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 55:53

Speed: 10.74 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 101 (of 138)

Rank in course/Women: 23 (of 38)

Best time in course: 45:14

Rank in category: 7(of 7)

Best time in the category: 45:14