



33. Königseer Stadtwaldlauf  
Königsee / 25.08.2013

Detailed evaluation

Lattermann, Jens

Number: 819

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 56:15

Speed: 10.67 km/h

Running performance: 5:37 min/km

Rank in course/Total: 104 (of 138)

Rank in course/Men: 80 (of 100)

Best time in course: 36:14

Rank in category: 13(of 15)

Best time in the category: 42:33