



33. Königseer Stadtwaldlauf
Königsee / 25.08.2013

Detailed evaluation

Thöner, Dieter

Club: SV Thuringia Königsee
Number: 817

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 56:47

Speed: 10.57 km/h
Running performance: 5:41 min/km

Rank in course/Total: 106 (of 138)

Rank in course/Men: 81 (of 100)

Best time in course: 36:14

Rank in category: 14(of 15)

Best time in the category: 42:33