



33. Königseer Stadtwaldlauf
Königsee / 25.08.2013

Detailed evaluation

Görlach, Folker

Club: Hainichläufer Mühlhausen
Number: 710

Course: 10.00 km
10 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 56:51

Speed: 10.55 km/h
Running performance: 5:41 min/km

Rank in course/Total: 107 (of 138)

Rank in course/Men: 82 (of 100)

Best time in course: 36:14

Rank in category: 3(of 3)

Best time in the category: 48:18