



33. Königseer Stadtwaldlauf  
Königsee / 25.08.2013

Detailed evaluation

Werlich, Gerhard

Club: SV Thuringia Königsee  
Number: 777

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 56:56

Speed: 10.54 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 108 (of 138)

Rank in course/Men: 83 (of 100)

Best time in course: 36:14

Rank in category: 7(of 9)

Best time in the category: 39:58