



33. Königseer Stadtwaldlauf
Königsee / 25.08.2013

Detailed evaluation

Ellerkamm, Jürgen

Club: SV Kyffhäuser
Number: 689

Course: 10.00 km
10 km - Lauf

Category:
Senioren M75 (75-79 Jahre)

Total time: 59:00

Speed: 10.17 km/h
Running performance: 5:54 min/km

Rank in course/Total: 115 (of 138)

Rank in course/Men: 88 (of 100)

Best time in course: 36:14

Rank in category: 1(of 4)

Best time in the category: 59:00