



33. Königseer Stadtwaldlauf
Königsee / 25.08.2013

Detailed evaluation

Knoll, Michael

Club: LG Bad Frankenhausen
Number: 784

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 59:36

Speed: 10.07 km/h
Running performance: 5:58 min/km

Rank in course/Total: 119 (of 138)

Rank in course/Men: 90 (of 100)

Best time in course: 36:14

Rank in category: 15(of 15)

Best time in the category: 42:33