



33. Königseer Stadtwaldlauf
Königsee / 25.08.2013

Detailed evaluation

Franke, Heike

Club: sc impuls erfurt
Number: 701

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:01:06

Speed: 9.82 km/h
Running performance: 6:07 min/km

Rank in course/Total: 126 (of 138)

Rank in course/Women: 33 (of 38)

Best time in course: 45:14

Rank in category: 3(of 3)

Best time in the category: 55:17