



33. Königseer Stadtwaldlauf
Königsee / 25.08.2013

Detailed evaluation

Berner, Roland

Club: LG / Bad Frankenhausen /Göllingen
Number: 677

Course: 10.00 km
10 km - Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:02:24

Speed: 9.62 km/h

Running performance: 6:14 min/km

Rank in course/Total: 129 (of 138)

Rank in course/Men: 96 (of 100)

Best time in course: 36:14

Rank in category: 9(of 9)

Best time in the category: 39:58