



33. Königseer Stadtwaldlauf
Königsee / 25.08.2013

Detailed evaluation

Diezel, Uwe

Club: fit&run Weimar
Number: 435

Course: 20.00 km
20 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:26:14

Speed: 13.92 km/h
Running performance: 4:19 min/km

Rank in course/Total: 10 (of 44)

Rank in course/Men: 10 (of 43)

Best time in course: 1:18:19

Rank in category: 3(of 9)

Best time in the category: 1:20:27