



33. Königseer Stadtwaldlauf
Königsee / 25.08.2013

Detailed evaluation

Seifert, Gerd

Club: Saalfelder LV
Number: 765

Course: 10.00 km
10 km - Lauf

Category:
Senioren M75 (75-79 Jahre)

Total time: 1:15:15

Speed: 7.97 km/h
Running performance: 7:31 min/km

Rank in course/Total: 135 (of 138)

Rank in course/Men: 99 (of 100)

Best time in course: 36:14

Rank in category: 4(of 4)

Best time in the category: 59:00