



33. Königseer Stadtwaldlauf

Königsee / 25.08.2013

Detailed evaluation

Walther, Ralph

Club: USV Jena

Number: 464

Course: 20.00 km

20 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:45:03

Speed: 11.42 km/h

Running performance: 5:15 min/km

Rank in course/Total: 31 (of 44)

Rank in course/Men: 30 (of 43)

Best time in course: 1:18:19

Rank in category: 8(of 9)

Best time in the category: 1:20:27