



33. Königseer Stadtwaldlauf
Königsee / 25.08.2013

Detailed evaluation

Risch, Stefan

Club: Neustadt

Number: 456

Course: 20.00 km

20 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:45:50

Speed: 11.34 km/h

Running performance: 5:17 min/km

Rank in course/Total: 32 (of 44)

Rank in course/Men: 31 (of 43)

Best time in course: 1:18:19

Rank in category: 9(of 9)

Best time in the category: 1:20:27