



33. Königseer Stadtwaldlauf
Königsee / 25.08.2013

Detailed evaluation

Grüning, Peter

Club: SC impuls Erfurt
Number: 706

Course: 10.00 km
10 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 39:58

Speed: 15.01 km/h
Running performance: 4:00 min/km

Rank in course/Total: 4 (of 138)

Rank in course/Men: 4 (of 100)

Best time in course: 36:14

Rank in category: 1(of 9)

Best time in the category: 39:58