



33. Königseer Stadtwaldlauf  
Königsee / 25.08.2013

Detailed evaluation

Kouschil, Thomas

Club: Klemme AG Nordhausen  
Number: 726

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 46:00

Speed: 13.04 km/h  
Running performance: 4:36 min/km

Rank in course/Total: 28 (of 138)

Rank in course/Men: 27 (of 100)

Best time in course: 36:14

Rank in category: 4(of 9)

Best time in the category: 38:49