



33. Königseer Stadtwaldlauf
Königsee / 25.08.2013

Detailed evaluation

Pawlow, Kamen

Club: FSV 1950 Gotha
Number: 748

Course: 10.00 km
10 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 46:40

Speed: 12.86 km/h
Running performance: 4:40 min/km

Rank in course/Total: 30 (of 138)

Rank in course/Men: 29 (of 100)

Best time in course: 36:14

Rank in category: 6(of 13)

Best time in the category: 41:05