



33. Königseer Stadtwaldlauf  
Königsee / 25.08.2013

Detailed evaluation

Gerling, Cornelia

Club: FSV Gotha 1950

Number: 703

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 50:11

Speed: 11.96 km/h

Running performance: 5:01 min/km

Rank in course/Total: 54 (of 138)

Rank in course/Women: 4 (of 38)

Best time in course: 45:14

Rank in category: 2(of 7)

Best time in the category: 45:14