



33. Königseer Stadtwaldlauf  
Königsee / 25.08.2013

Detailed evaluation

Herrmann, Ines

Club: Saalfekder Lv  
Number: 781

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 50:25

Speed: 11.90 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 57 (of 138)

Rank in course/Women: 5 (of 38)

Best time in course: 45:14

Rank in category: 2(of 6)

Best time in the category: 46:52