



33. Königseer Stadtwaldlauf  
Königsee / 25.08.2013

Detailed evaluation

Minack, Frank

Club: SV Olympia Neustadt  
Number: 741

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 50:39

Speed: 11.85 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 58 (of 138)

Rank in course/Men: 53 (of 100)

Best time in course: 36:14

Rank in category: 4(of 6)

Best time in the category: 40:36