



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Meingast, Roy

Club: SC Steinbach-Hallenberg

Number: 4107

Course: 10.22 km

Geländelauf lang

Category:

Männer (20-29 Jahre)

Total time: 36:11

Speed: 16.58 km/h

Running performance: 3:32 min/km

Rank in course/Total: 3 (of 157)

Rank in course/Men: 3 (of 122)

Best time in course: 35:15

Rank in category: 3(of 16)

Best time in the category: 35:15