



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Filbrich, Jens

Club: SV Eintracht Frankenhain

Number: 4030

Course: 10.22 km

Geländelauf lang

Category:

Senioren M30 (30-34 Jahre)

Total time: 36:19

Speed: 16.88 km/h

Running performance: 3:33 min/km

Rank in course/Total: 5 (of 157)

Rank in course/Men: 5 (of 122)

Best time in course: 35:15

Rank in category: 1(of 9)

Best time in the category: 36:19