



10. Trefffurter Stadtlauf

Treffurt / 07.09.2013

Detailed evaluation

Löppen, Reinhard

Club: SV Emsetal

Number: 4171

Course: 10.22 km

Geländelauf lang

Category:

Senioren M50 (50-54 Jahre)

Total time: 43:49

Speed: 13.99 km/h

Running performance: 4:17 min/km

Rank in course/Total: 21 (of 157)

Rank in course/Men: 19 (of 122)

Best time in course: 35:15

Rank in category: 1(of 16)

Best time in the category: 43:49